

**Western Wyoming  
Community College**



**2016-2017 Visiting Team  
Information Booklet**

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Dear Athletic Directors,

The Western Wyoming Community College Athletic Department is looking forward to the upcoming 2016-2017 season. Enclosed are the protocols and procedures we will follow with each sport. If you have any questions, please feel free to contact us.

Please share this information as you deem appropriate, with: Head Coaches, Assistant Coaches, Trainers, Sports Information Directors and Other Athletic Personnel.

Sincerely,

Lu Sweet  
WWCC Athletic Director

## **Important Contact Information**

*Dr. Philip Parnell*, Vice President for Student Success Services

Office: (307) 382-1748

*Debi Monroe*, Executive Assistant to the Vice President/Athletic Director

Office: (307) 382-1655

*Dr. Lu Sweet*, Athletic Director

Office: (307) 382-1740 Cell: (307) 389-6540

*Ryan Orton*, Head Men's Basketball Coach

Office: (307) 382-1857

*Garett Sherman*, Head Women's Basketball Coach

Office: (307) 382-1853

*Scott Dewey*, Interim Head Women's Volleyball Coach

Office: (307) 382-1627

*Art Castillo*, Head Wrestling Coach

Office: (307) 382-1664

*Jeff Atkinson*, Head Men's & Women's Soccer Coach

Office: (307) 382-1878

*Kristen Tammany*, Athletic Trainer

Office: (307) 382-1819

*Christopher Sheid*, Coordinator of Marketing & Public Information

Office: (307) 382-1661

# Visiting Team Game Day Information – Rushmore Gymnasium (for Basketball, Volleyball, Wrestling)

**General Information - Bus parking:** Located in south parking lot

## **Volleyball:**

Visiting teams may schedule a practice time with the volleyball coach.

Visiting teams can be dropped off at the South entrance to Rushmore Gymnasium near the tennis courts. Upon entering the building, visitors will be shown their locker room and the training room. The visiting bench will be on the north side of the scorer's table (closest to the gym entrance). Ice, water, cups and towel will be provided by WWCC for your use on the benches. Please leave all towels in the locker room, or on the bench. A three-ball rotation shall be used for all matches.

Time prior to Game	Activity
60:00	Court available for shared pre-game warm-up (Game clock starts)
30:00	Officials on court for pre-game duties
19:00	Warm-up protocol begins
1:00	National Anthem & Introduction of starting lineups
0:00	Match starts

## Between Matches

10:00	Clock starts when court is clear of teams
0:00	Third match starts

## **Wrestling:**

Visiting teams may schedule a practice time with the wrestling coach.

Visiting teams can be dropped off at the South entrance to Rushmore Gymnasium near the tennis courts. Upon entering the building, visitors will be shown their locker room and the training room. The visiting bench will be on the south side of the scorer's table (furthest from the gym entrance). Ice, water, cups and towel will be provided by WWCC for your use on the benches. Please leave all towels in the locker room, or on the bench.

Time prior to Match	Activity
60:00	Weigh ins
5:00	Welcome/Starting Lineups/National Anthem
0:00	The first match begins

**Basketball:**

Visiting teams may schedule a practice time with the basketball coach.

Visiting teams can be dropped off at the South entrance to Rushmore Gymnasium near the tennis courts. Upon entering the building, visitors will be shown their locker room and the training room. The visiting bench will be on the north side of the scorer's table (closest to the gym entrance). Ice, water, cups and towel will be provided by WWCC for your use on the benches. Please leave all towels in the locker room, or on the bench.

Time prior to game	Activity
30:00	Court available for pre-game warm-up (Game clock starts)
20:00	Officials on court for pre-game duties
6:00	National Anthem
2:00	Introduction of starting lineups
0:00	Tip off
Halftime	
15:00	Clock starts when court is clear of teams
5:00	Head coach is notified of time remaining
3:00	Court is cleared for team warm-up
0:00	Second half starts

## **Directions to Rushmore Gymnasium – WWCC Campus**

Coming from Interstate 80, take exit 103 and head south for approximately one mile. WWCC will be on your right-hand side. Rushmore Gymnasium is located off of the South parking lot, near the tennis courts.

## **Visiting Team Game Day Information – Soccer**

60:00 Teams begin their warm-ups  
15:00 Game rosters changed  
10:00 Officials and captains meet  
0:00 Game begins (currently no public address system for introductions or National Anthem)

### Overtime Procedure:

5:00 Break between the end of regulation play and the start of overtime  
10 minutes of sudden death play  
2:00 Break if game is still tied  
10 minutes sudden death play  
If game is still tied, then it ends in a tie.

## **Athletic Training Room Information**

Western Wyoming Community College does have a certified athletic trainer on staff. The training room is available 1 ½ hours before games and for 30 minutes after games. Visiting teams should provide their own taping supplies. Visiting teams will have access to whirlpools, hot packs and ice.

## **Area Restaurants and Lodging Accommodations**

Please visit the Rock Springs Chamber of Commerce website at [www.rockspringswyoming.net](http://www.rockspringswyoming.net) for a listing of area restaurants and lodging accommodations.

## **Information on the Streaming of Contests**

Live web streaming: Available at [www.westernwyoming.edu/athletics/broadcasts.html](http://www.westernwyoming.edu/athletics/broadcasts.html) (not currently available for soccer)

## **Sports Information**

Visiting Radio Stations: Contact Lu Sweet, Assistant Athletic Director at least two weeks prior to the game to make necessary arrangements.

Statistics and Game Tapes: Final statistics and DVD's will be available approximately 15 minutes after the conclusion of the contest.